

Dana Football Sunday Skills Camp

Grades 6, 7 and 8 * Sundays 3-5:30 pm

DHHS Football Stadium



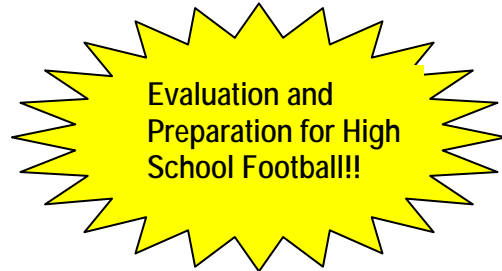
Session I: March 7 – March 28 (4 Weeks)

Session II: April 11 – May 2 (4 Weeks)

Professional educators, former collegiate and professional football players, and experienced high school and college coaches will lead all camp activities.

Athletes will learn:

- Strength and Conditioning Training
- *Football Technique*
- Position Specific Training
- 7 on 7 Drills
- Classroom “Chalk Talk”



Registration Form

Athlete's Name _____ Grade _____ Parent's Name(s) _____

Address _____ City _____ Zip Code _____

School Attending _____ Home Phone _____

Cell Phone _____ E-Mail Address _____

Positions: Offense _____ Defense _____ Shirt Size _____ Youth or Adult (Please Circle)

Emergency Contact Person _____ Relation _____

*Emergency Phone Contact _____

Emergency Authorization: If I cannot be reached, I give permission to the physician selected by the camp director to hospitalize, secure treatment for, and to order injection and/or surgery for my child as named on the registration form in case of an emergency. I hereby waive and release Dana Skills Camp and its instructors from any and all liability for any injuries or illness incurred while my child is participating in Dana Skills Camp. I will be responsible for any medical or other charges in connection with my child's attendance. I know of no medical or physical problem which may affect my child's ability to safely participate.

Signature of Parent/Guardian: _____ Date: _____

Please select one or both of the sessions below and make checks payable to:
“Blue and Silver Football Camp” and return with payment to:

Blue and Silver Football Camp
25156 Modoc Dr.
Laguna Hills, Ca 92653

Please contact us at brandscott@gmail.com, or (949) 677-2726 for any questions or further information.

Session I – March 7th-March 28th \$150 Session II – April 11th-May 2nd \$150

Both sessions highly recommended!

Walk-Ups 40\$ Per Day Shorts/Cleats* Bring Water*

Not a Capistrano Unified sponsored event